## Shrimp Alfredo Pasta



## **INGREDIENTS**

- > 3/4 lb. fettuccine or penne pasta
- > 1 lb. shrimp, peeled and deveined
- ➤ 1 Tbsp oil
- > 1 small onion, finely chopped
- 2 Tbsp unsalted butter
- > 1 garlic clove
- > 1/3 cup chicken or vegetable broth
- 2 cups heavy whipping cream
- > 1/3 cup parmesan cheese
- > S&P (Salt & Pepper) to taste
- > Sprinkle of paprika
- > Parsley or basil for garnish if desired

## Shrimp Alfredo Pasta

## <u>INSTRUCTIONS</u>

- 1. Cook 3/4 lb. fettuccini noodles in salted water according to package instructions and drain. Don't rinse (this helps the sauce stick to the noodles better).
- 2. Lightly season shrimp with salt, pepper and paprika. Preheat a large skillet to med/high and add 1 Tbsp oil. Once oil is hot, add shrimp in a single layer and cook 1-2 min per side or just until fully cooked and no longer translucent. They should be golden/pink on the outside and opaque white on the inside. Don't over-do it or they will be rubbery. Remove shrimp to a separate bowl.
- 3. In same pan, over medium/high heat, add 2 Tbsp butter and onion and sauté onion till golden. Stir in garlic and salt another minute. Stir in 1/3 cup white wine and reduce to 25% scraping the bottom to deglaze the pan.
- 4. Stir in Cream and simmer for 2 min. Next, sprinkle the top with 1/3 cup parmesan (or add to taste) and stir just until creamy and smooth and remove from heat. Don't boil or the cheese will separate from the cream. Add about 1/4 tsp paprika and season with S&P to taste.
- 5. Add the cooked shrimp and drained (un-rinsed pasta). Garnish with parsley, basil, extra parmesan, or freshly cracked pepper if desired.